Fall, 2012

Greeting from Mad River Glen.

The early morning fog has started to settle into Vermont's valleys, which means cooler nights and hints of Fall. After last season left much snow to be desired, we're itching for a good season and can't wait until Mother Nature blesses us.

Ahead of us is a season with systematic changes. We have incorporated directives from USSA and VARA as well as feedback from athletes and parents. We hope that these small course adjustments strengthen and enhance our program.

Program Changes:
We introduce the new USSA age classification nomenclature to our Program. It will take some adjustment to get used to, but the changes address many of the concerns programs in the East have had regarding the old "J3" year and physical maturation of our athletes.

Second, we will offer a U10 program for 7, 8 and 9 year olds and a U8 program for 6 and 7 year olds. The delineation between the two programs occurs as U10 is a USSA/VARA program that operates like the former USSA J5/6 program and U8 is an interclub, Saturday only program that operates like our former non-USSA J7 program.

Third, we introduce our new Sunday Program for junior high and high school athletes. This program provides an introduction to racing and additional training for athletes who are not participating in USSA/VARA races.

At the Ski Club level, we are introducing "Social Memberships". This level of membership is for those who wish to stay connected to MRSC, participate in club events or continue to support the club and its causes. We hope many of our alums and their families will join us in supporting this initiative and our club.

Kelly Brush Foundation Bike Ride
Saturday, September 8, 2012 - www.kellybrushfoundation.org
Join the Mad River Ski Club team, other athletes, parents and coaches from around Vermont, New England and the United States and Canada for the 2011 Kelly Brush Foundation Bike Ride. This ride benefits our athletes because funds raised during this bike ride are often granted to ski areas in NVC where our athletes race. These funds provide for wider, more secure race venues and security fence to help protect athletes.

NVC Fit Day at Race Stock Sports, Waterbury, Vermont
Sunday, September 9, 2012 – 9:00AM to 2:00PM
This is the one-stop-shop for ordering your new equipment at reduced prices for this coming season. Equipment will then be available for pick-up later in the fall. Manufacture's Reps will be present
If you have any questions regarding equipment, you're welcome to discuss them with me ahead of the Fit Day. I will be present at Fit Day from 9-12 to answer questions and help make selections.
Good faith participation in Fit Day is open to current and 2012/13 MRSC athletes.

Registration and Payment:
Registration can be completed by filling out the MRSC Program forms. You have the option of submitting the forms to MRG with payment or submitting the forms to MRG after making an online tuition payment on the MRG website. Online payment instructions are on the registration form. A reminder that October 15th is the last day program tuition, pass purchases and VARA/USSA memberships are offered at pre-season rates.

Thanksgiving Ski Camp
There are several early winter training programs available for athletes, including camps from ski academies and private coaches. For those athletes and families who are interested, I'll be offering my DEVO Thanksgiving Camp in Colorado. Discounts are available to MRSC athletes. More information on this program and the World Cup in Aspen can be found at www.ademsgroup.com.

Fall Dryland Schedule:

The 2012/2013 Fall Dryland Program will consist of five Sunday training blocks.

Date	Time	Location	Activity
Sunday, October 7	10:00	Mad River Glen	Green and Gold weekend hike at MRG. Everyone is invited. Enjoy Chicken BBQ for lunch afterwards!
Sunday, October 28	10:00 – 12:00	GMVS Gym	Trail Run/Balance
Sunday, November 4	10:00 – 12:00	GMVS Gym	Balance/Gymnastics
Sunday, November 11	10:00 – 12:00	GMVS Gym	Agility/Speed
Sunday, November 18	10:00 – 12:00	GMVS Gym	Agility/Speed/Games

New Website

We bid farewell to the wiki and are proud to introduce our new website. The new website provides additional flexibility, and mobile friendly viewing/editing (for all you iPhone, iPad and alike users). Like the wiki, the new website is your go-to source for updated program information. Please see it for the latest news, training sign-ups, calendar information and equipment sales. Please bookmark it and visit it often.

http://www.madriverglen.com/skiclub/wiki/

Best regards,

Jim Komarmi

jkomarmi@gmail.com or 303-248-6018

Mad River Ski Club
Fees and Memberships

Scholarships are available. Please contact Program Director immediately if interested.

1) Junior Race Programs:

U8: Our U8 Program is designed for skiers born in 2005 and 2006 and meets each week on Saturdays from 9:00 AM until 2:00 PM. The Program serves as an informal introduction to racing with emphasis on having fun and acquiring basic racing skills. MRSC family membership is required.
Program starts December 29.
Program Tuition: $400

U10: The U10 Program is for skiers born between 2003, 2004 and 2005. The Program meets Saturday and Sunday, 8:30-2:30; Friday Training is optional. Athletes focus on skill acquisition and technique development in a fun, fast-pace environment. U10s race and train both Giant Slalom and Slalom disciplines. USSA, VARA and MRSC memberships are required
Program starts December 8.
Program Tuition: $750.00 per child. Please pay in full by October 15, 2012.

U12: The U12 Program is for skiers born between 2001 and 2002. The Program meets Saturday and Sunday, 8:30-2:30; Friday Training is optional. Athletes focus on skill acquisition and technique development in a fun, fast-pace environment. U12s race and train both Giant Slalom and Slalom disciplines. USSA, VARA and MRSC memberships are required
Program starts December 8.
Program Tuition: $750.00 per child. Please pay in full by October 15, 2012.

U14: The U14 Program (born in 1999 or 2000) is focused on complete, well-rounded athletes, who are at home in the trees, bumps or on a GS course. At this level, athletes refine their technique and begin to apply tactics to their technical approach to ski racing. Athletes train and compete in Super G, Giant Slalom and Slalom. USSA and VARA memberships are required
Program Starts: December 8
Program Tuition: $850.00 per child. Please pay in full by October 15, 2012.

U16: Our U16 Program (born in 1997 or 1998) takes a responsible and pragmatic approach to elite-level junior racing. By balancing training needs and fun free ski model, athletes can continue to improve, train and race while staying connected to the foundation of the sport. Athletes train and race Super G, Giant Slalom and Slalom. USSA and VARA memberships are required.
Program Starts: December 8.
Program Tuition: $850.00 per child. Please pay in full by October 15, 2012.

Sunday: Our Sunday Program is designed as an additional training opportunity and introduction to racing for athletes who are not competing on the USSA/VARA schedule. The program is open to any U14-U16 and high school athlete.
Program Starts: December 9.
Program Tuition: $425.00 per child. Please pay in full by October 15, 2012.

There will be an additional $50 added on to the cost after October 15th, 2011. Make the check out to Mad River Glen and mail it with the enclosed forms to:

Mad River Glen
P.O Box 1089
Waitsfield, Vt. 05673

2) We require members of the Jr. Race Program to join the Mad River Ski Club. Ski Club membership is

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$100.00/family. Please send the attached ski club form and a separate check for $100.00 no later than October 15, 2012, payable to: Mad River Ski Club, and mail to:

Kara Hubbard - Treasurer
1897 Center Fayston Rd
Moretown, VT 05660

3) Lift tickets/ season passes are not included in the program cost. Please see the Mad River Glen rate sheet. Children 12 and under are free this year provided that they sign up for a seasons pass prior to October 15. All rates go up after October 15.

4) Friday Training will be offered weekly starting January 4th. There is no additional cost for the Friday Program unless training occurs offsite. A Friday training schedule will be posted ahead of time. Jim Komarmi will staff each Friday session unless otherwise noted.

5) Non-Ski Club members are welcome to "try" the program and participate in training, if there is space available. Non-members should consult and meet with the Head Coach prior to joining the program on the hill.

6) All children who plan to race in the Northern Vermont Council Races (U10s – U16s) must be members of both VARA ($15 -$25, depends on age) and USSA ($15-$60, depends on age). If you were a member last year, you have received renewal forms in the mail. Please send these promptly to avoid a delay in receiving your membership cards. If you are not currently a member, write or call them directly to request a membership form.

VARA Membership:

Online New Registration:	http://www.active.com/page/event_details.htm?event_id=1866745
Online Registration Renewal:	http://www.active.com/page/event_details.htm?event_id=1866775
VARA Website	http://www.vara.org
VARA Email:	Julie Woodworth: julie@vara.org

USSA Membership:

Online Registration:	https://webapps.ussa.org/accounts/login.html
Printable Membership Forms	http://www.ussa.org/magnoliaPublic/ussa/en/formembers/membership/forms.html
USSA Website	http://www.ussa.org

Mad River Ski Club
2012/13 Tentative Calendar of Club Events

September

8th – Kelly Brush Foundation Bike Ride
9th – NVC Fit Day at Race Stock Sports

October:

7th – Green and Gold Weekend Hike and BBQ – All are welcome
15th – Jr. Race Program/Season Pass Preseason Rate Deadline
28th – Dryland Session 1

November:

4th – Dryland Session 2
11th – Dryland Session 3
18th – Dryland Session 4

December:

1st – U16 program starts (weather permitting)
8th – U14-U10 program starts
22nd- 23rd – Pre Holiday Racing Block
27th - 31st – Holiday Training Block (one day off TBD by weather/fatigue)
30th – U8 program starts
31st – Sunday program starts

January:

1st – New Year's Day - No Training
4th – First Friday Training
17th – MLK Day Training

February:

9th - Unconventional Terrain
16th - Junior Mogul Challenge
19th, 21st, 22nd - Vacation Training Blocks
26th, 28th, 3/1st – Vacation Training Blocks

March:

1st – Vacation Training Block
5th – John Kearns Memorial Town Meeting Day Race
22th – Family Tournament/Ski Club Party

A more detailed calendar with all the training dates and races will be posted to:
http://www.madriverglen.com/skiclub/wiki

Mad River Ski Club
2012 -2013 Tentative Events by Age Group

U16:

DATE:	EVENT:	LOCATION:	COST:
January 13	Slalom (3 runs)	Cochran's	$ 20
January 21	Giant Slalom	Burke	$ 20
February 10	Giant Slalom	Sugarbush-ME	$ 20
February 11 (Monday)	Super G	Stowe	$ 35
February 14/15	State Super G	TBA	$
February 23/24	State Slalom and Giant Slalom	TBA	$
March 2/3	State Slalom and Giant Slalom	TBA	$
March 5	Town Meeting Day SL	Mad River Glen	$ 25
March 8-11	Eastern Championships	TBA	$
March 16/17	George Tormey Series	Smuggler's Notch	$

U14:

DATE:	EVENT:	LOCATION:	COST:
January 13	Slalom	Stowe	$ 15
January 27	Giant Slalom	Jay Peak	$ 15
February 11 (Monday)	Super G Camp	Sugarbush-ME	$ 35
February 24	Giant Slalom	Burke Mountain	$ 15
March 3	Slalom	Sugarbush-ME	$ 15
March 5	Town Meeting Day SL	Mad River Glen	$ 25
March 16/17	U14 State Championships	TBA	$
March 16/17	George Tormey Series	Smuggler's Notch	$
March 22	Family Tournament	Mad River Glen	$ free to club members

U12:

DATE:	EVENT:	LOCATION:	COST:
January 20	Stubbie Slalom	Sugarbush-ME	$ 10
February 3	Giant Slalom	Jay Peak	$ 10
February 10	Slalom	Stowe	$ 10
March 3	Giant Slalom	Smuggler's Notch	$ 10
March 5	Town Meeting Day SL	Cochran's	$ 10
March 16/17	U12 State Festival	TBA	$
March 22	Family Tournament	Mad River Glen	$ free to club members

U10:

DATE:	EVENT:	LOCATION:	COST:
January 27	Giant Slalom	Sugarbush-ME	$ 5
February 10	Giant Slalom	Bolton	$ 5
March 5	Town Meeting Day SL	Cochran's	$ 5
March 10	Stowe Duals	Stowe	$ 5
March 22	Family Tournament	Mad River Glen	$ free to club members

U8:

DATE:	EVENT:	LOCATION:	COST:
January 27	Giant Slalom	Sugarbush-ME	$ 0
February 22	Giant Slalom	Mad River Glen	$ 5
March 5	Town Meeting Day SL	Cochran's	$ 0
March 22	Family Tournament	Mad River Glen	$ free to club members

Mad River Ski Club
Race Program Athlete Registration Form
2012-2013 Season

Registration Instructions:

1. To register an athlete or group of athletes, please consult the fee structure in the table and complete the form below.
2. Tuition payment may be made online or by check. All checks should be made out to: Mad River Glen
3. Mail this form and indicate payment selection to:

Mad River Glen
P.O. Box 1089
Waitsfield, Vermont 05673

Family Name: _____

Date: _____

Tuition Structure:	Program Tuition before 10/15/2012	Program Tuition after 10/15/2012
U16 (1997-1998)	$850	$900
U14 (1999-2000)	$850	$900
U12 (2001-2002)	$750	$800
U10 (2003-2005)	$750	$800
U8 (2005-2006)	$400	$400
Sunday (various)	$425	$425

Parent/Guardian Information:

Father's full name: Phone (h): Phone(w): Local Phone:

Address: City: State: Zip Code:

Email address:

Mother's full name: Phone (h): Phone(w): Local Phone:

Address: City: State: Zip Code:

Email address:

Family Health Insurance Carrier: Policy #:

Athlete Information:

Athlete's full name: 1. DOB: / / Sex: M F USSA#: Tuition:

Medical Concerns/Allergies:

Athlete's full name: 2. DOB: / / Sex: M F USSA#: Tuition:

Medical Concerns/Allergies:

Tuition Total

Tuition Payment Method:

Payment by Check: Number: Amount:

Payment by Credit Card: Transaction Number: Amount:

https://www.madriverglen.com/passes/?Page=passapp.php

Mad River Ski Club / Mad River Co-operative Liability Release Form

I, _____, know that skiing is an action sport carrying significant risk of serious personal injury, death, or property damage.

I also know that there are natural and environmental conditions and risks, which independently or in combination with my activities may cause property damage, or severe or even fatal injuries to me or to others.

I agree that I alone am responsible for my safety while participating in competitive events and/or training for competitive events and specifically acknowledge that the following persons or entities including the Mad River Co-operative and its staff and the Mad River Ski Club or any organizers, promoter clubs, officials, representatives, officers, member or any affiliate of any person or entity named above are not responsible for my safety.

I agree to accept all responsibility for the risks, conditions, and hazards which may occur whether they be known or unknown. Being fully aware of the risks, conditions, and hazards of the proposed activity as a competitor and/or participant, I HEREBY AGREE TO WAIVE,

RELEASE AND DISCHARGE any and all claims for damages for death, personal injury, or property damage which I may have or which may hereafter accrue to me as a result of any participation in competitive events or training for competitive events, against any person or entity identified above whether such injury or damage was foreseeable or not.

I understand that it is my responsibility to provide my own medical and accident insurance. I agree that I will accept and abide by the rules of the above mentioned organizations. This Acknowledgment and Assumption of risk and Release shall be binding upon my heirs and assigns.

Signatures(s):

Participant_____ Date:_____

Parent _____ Date:_____

By signing this Acknowledgment and Assumption of Risk and Release as Parent/Guardian, I am consenting to the competitors' participation in competitive skiing and /or training, and acknowledge that I understand that any and all risk whether known or unknown is expressly assumed by me and all claims, whether known or unknown, are expressly waived in advance.

Signature:_____ Date:_____

Mad River Ski Club
Athlete Code of Conduct

1.) Respect and listen to your coaches.
2.) Be courteous and respectful to Mad River Glen Ski Patrol, Mad River Glen employees and other resort guests.
3.) Racing/training is only permitted in the designated training/event areas. Ski in control and with the flow of traffic while skiing to and from your training/event area.
4.) Clean up after yourself in the Basebox, Birdcage, Stark's Nest and on the hill.
5.) All athletes, coaches and assistants must have an appropriate day ticket or season's pass while training
and on event/competition days.
6.) Leave other skier's equipment alone, including other athletes and coaches. All equipment must be kept on a ski rack while not in use.
7.) Use of electronic devices during program hours is prohibited unless necessitated by emergency.
8.) Offices and other race-related areas are off limits unless your coach invites you into them.
9.) If you lose your coach or group, go back to the flagpole or the bottom of the last lift you rode and wait for them.
10.) Vermont State Law enforces the ANSI Code B77 3.1.4.5.4., which requires that you ride all chairlifts with your retention/safety bar down at all times.
11.) Appropriate public behavior is expected at all times at Mad River Glen and during MRSC functions/events.

DISCIPLINARY ACTIONS

In the event that an athlete violates the Code of Conduct, one or more of the following may occur:

1.) Discussion with coaches, parents and athletes concerned.
2.) Suspension of ski/training privileges by any JPSC employee; NO REFUND
3.) Suspension of competition privileges.
4.) Suspension from Junior Program -NO REFUND

I, _____ have read and understand the above Code of Conduct
(printed of athlete)
and agree to respect it throughout the season.

_____ _____
(signature name of athlete) (Date)

I, _____ have read, discussed and explained each of the points in the
(parent/guardian of athlete under age 18)
above Code of Conduct to my athlete(s), and agree to the terms thereof.

_____ _____
(signature of parent/guardian) (Date)

Mad River Ski Club
Membership Form
2012-2013 Season

The Mad River Ski Club (MRSC) itself is the organization that is registered with USSA, VARA and is another terrific bond we share with each other and Mad River Glen.

Ski Club Leadership and Board
President: Peter Salts
Treasurer: Kara Hubbard
Board: Jen Bolland, Ellen Hauser, Beth McGeorge, Rick Ruback, Meg Singer-Huffman

MRSC Benefits:
In addition to the benefits listed below, MRSC membership supports activities and purchases above and beyond what Mad River Glen can cover. They include social activities and program materials that will increase the value and quality of our program. In the past club dues paid for radios, the television and VCR, a ski bench to take to races, ImPact Testing and race hill homologation.

Mad River Ski Club Benefits

- USSA/VARA Approved Club Program
- 5 Dryland training sessions
- Equipment Day
- reciprocal training ticket discount to ski Sugarbush
- Pre-Holiday/Holiday/February vacation training
- Friday training
- 15 weekends of training/racing
- Junior Race Support

Membership Types:
MRSC offers two types of memberships; social and family. *Social Memberships* are available to athlete and parent alums, as well as supporters of the MRSC program. A social membership is a great way to continue to support the club and participate in club events. All athletes and families skiing with the race program at Mad River Glen are required to be members of the Mad River Ski Club through a *Family Membership*.

MRSC Member Registration:

Name or Family Name: _____
Membership Level:

Family (valid through June 30, 2013)	$100
Social (valid through June 30, 2013)	$50

Please make checks out to: Mad River Ski Club, and submit to:
Kara Hubbard - Treasurer
1897 Center Fayston Rd
Moretown, VT 05660